



Enriching *Events* and  
delightful *Discoveries...* for all

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes	Cruising Bikes
Adult Yoga 8am	Adult Yoga 8am	Adult Yoga 8am	Adult Yoga 8am	Adult Yoga 8am	Adult Yoga 8am	Adult Yoga 8am
There's Always Room for Ice Cream 1-2pm	Great Pond Walk 10am	Bug's Life Tour for Kids 10am	Family Yoga 9:30am	Garden Tour 10am	Family Yoga 9:30am	Children's Art 3pm
S'mores at the Fire Pit 6-8pm	Children's Art 3pm	Guest Reception 5pm	Beach Ecology Walks 10:30am	SPA Mix Up 1pm	Children's Art 3pm	Acoustic Guitar 6-8pm
	S'mores at the Fire Pit 6-8pm	S'mores at the Fire Pit 6-8pm	S'mores at the Fire Pit 6-8pm	Mixology 5pm	Acoustic Guitar 6-8pm	S'mores at the Fire Pit 6-8pm
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**Cruising Bikes** Borrow family cruising bikes for a ride to area lighthouses or the Lobster Shack. Available daily, please make reservations with the bellmen.

**Adult Yoga** (Daily 6/25-10/28) & (Friday, Saturday & Sunday 5/4-6/24)  
Refresh the body & mind with a mixed level class overlooking the Atlantic. Meet on the front lawn, yoga mats provided.

**S'mores at the Fire Pit** (4/27- 10/28)  
Gather around the outdoor fire pit with friends and family to roast marshmallows nightly. Times will vary. Please check with Guest Services

**Great Pond Walk** (6/4-10/8)  
Join head gardener Derrick Daly for a walk to Great Pond and enjoy watchable wildlife on the boardwalk of the 125 acre pond. On-leash dogs are welcome. Gather on the boulevard.

**Children's Art** (6/25-9/1)  
Create a mantelpiece that reminds you of your Maine vacation all year long. Meet on the boulevard. Weather dependent. All art supplies are provided.

**Guest Reception** (7/3-8/28)  
Join us to experience all things Maine, as we showcase tastes of local fare and refreshments.

**Bug's Life Tour** (6/26- 9/4)  
A whimsical look at eco systems for kids- part eco education and part arts and crafts. Kids learn about the Inn's "Rabbitat" and nectar gardens for endangered wildlife. Weather dependent. Meet at west end picnic table.

**Family Yoga** (6/27-8/31)  
Promote health and wellness in children. Mixed level classes for adults and children on the front lawn. Yoga mats provided.

**Beach Ecology Walks** (6/27-8/29)  
Join a naturalist from the Cape Elizabeth Land Trust to explore Crescent Beach. Whether the tide is high or low, come look for birds, shells, hermit crabs and fish, and learn about the natural history of Cape Elizabeth. Open to all ages. Meet on the boulevard.

**Garden Tour** (5/31-10/4)  
Join the Inn's head gardener Derrick Daly as he shares his enthusiasm and secrets for creating indigenous gardens that are beautiful and great for the environment. Meet on the boulevard.

**SPA Mix Up** (6/28-10/11)  
Taking a bit of the SPA home with you. Join the SPA Director on the front lawn and mix up your own salt and sugar exfoliating scrub.

**Mixology** (7/5-8/30)  
Join our Sea Glass Manager, Donald Linscott, for a mixology session with ever-changing spirits.

**Acoustic Guitar by the Fire Pit** (6/29-9/1)  
Captivating acoustic guitar music by the fire.

**There's Always Room for Ice Cream!** (6/24-8/26)  
Please join us for a sweet and cold treat. All ages are welcome. Meet at the main pool area.

**Go Fly a Kite!**  
Thursday, July 12 - 2pm-4pm  
Sunday, August 12 - 2pm-4pm  
Sunday, September 2 - Noon-4pm  
Glenn Davison will return with his amazing collection of kites. Join him on the seaside lawn to watch them soar, or try your hand at keeping kites afloat!

**All American Barbeque**  
Wednesday, July 4 & Sunday, September 2  
48-hour notice, reservations required.  
Please call ext. 855 for reservations.

